



HEALTH HOLDING

HAFER ALBATIN HEALTH  
CLUSTER  
MATERNITY AND  
CHILDREN HOSPITAL

<b>Department:</b>	Anesthesia Care		
<b>Document:</b>	Departmental Policy and Procedure		
<b>Title:</b>	Pre - Anesthesia Evaluation		
<b>Applies To:</b>	All Anesthesia Staff, Medical and Nursing Staff		
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## 1. PURPOSE:

- 1.1 To determine the general status of the patient and strategize the risk of anaesthesia based on this.
- 1.2 To avail the opinion of other specialities as required to assess the risk for anaesthesia.
- 1.3 To optimize the physiological status of the patient before anaesthesia and surgery.
- 1.4 To ensure that patient/relative's anxiety is reduced / relieved and a trust is developed between patient and anaesthetists for smooth perioperative environment.

## 2. DEFINITIONS:

- 2.1 **Pre – Anesthesia Evaluation** – is a medical check-up and laboratory investigations done by an anesthesia provider before an operation, to assess the patient's physical condition and any other medical problems or diseases the patient might be suffering from.

## 3. POLICY:

- 3.1 All outpatients undergoing elective surgeries or moderate/deep sedation should undergo a detailed pre anaesthesia evaluation by a qualified anaesthetist in the pre-anesthesia clinic.
- 3.2 The treating physician should ensure the availability of the results of the recommended preoperative tests before requesting for the pre-anesthesia evaluation.
- 3.3 All inpatients who have not had pre-anesthesia evaluation in PAC clinic should be evaluated, in the ward, preoperatively by a qualified anaesthetist prior to surgery.
- 3.4 Anaesthetist should educate the patient/ guardian/decision maker of the patient regarding the anaesthesia techniques available and the potential risks and advantages.
- 3.5 An informed consent should be taken from the patient after explaining the potential risks and advantages of the anaesthesia technique.
- 3.6 The evaluation should include:
  - 3.6.1 History and physical examination.
  - 3.6.2 History of medication allergy and adverse experience with sedation and analgesia as well as with anesthesia.
  - 3.6.3 History of systemic illness or major organ impairment.
  - 3.6.4 Verification of the patient (NPO) status.
  - 3.6.5 American Society of Anesthesiologist (ASA) physical status class.
  - 3.6.6 Vital signs.
  - 3.6.7 Age and weight.
  - 3.6.8 ECG findings.
  - 3.6.9 All preoperative tests.

## 4. PROCEDURE:

- 4.1 Treating physician sends all elective surgery/procedure patient for pre-anesthesia evaluation prior to surgery.



- 4.2 Pre – operative investigations are ordered by the treating physician.
- 4.3 Anesthetists evaluate the patient in pre anesthesia clinic.
- 4.4 If required patient is referred to other specialties for opinion and reviewed and accepted for anesthesia after the opinion.

## 5. MATERIAL AND EQUIPMENT:

N/A

## 6. RESPONSIBILITIES:

- 6.1 Nurses
- 6.2 OBS Physicians
- 6.3 Pediatric Surgery Physicians
- 6.4 Anesthesia Physicians.

## 7. APPENDICES:

N/A

## 8. REFERENCES:

- 8.1 American Society of Anesthesiology.

## 9. APPROVALS:

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